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Visit [FoodHero.org](https://foodhero.org) to find low-cost, healthy, tasty and simple recipes!

1. Open the camera app on a smart device (e.g. iPhone, Android, tablet, etc.).
2. Hold the device over the QR code as if you are going to take a picture of it.
3. A message should appear with a link – click on it. Once there, you can view information about cilantro.



Follow these steps to scan this QR code:

OR

For tips and recipe ideas:
Type this link into a web browser:
<https://foodhero.org/spices-and-herbs>



Food Hero Growing and Cooking with Cilantro!

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